

## *Dance Mitosis*

### **Abstract**

During this project we were directed to create a dance video to represent the mitosis cycle. We used developing and using models when we created movements and dances to represent a scientific structure. We also used analyzing data and using computational thinking, we had to first understand the science behind it and showed relationships between things just like the cell.

### **Reflection**

This project caused me to learn about how the cell reproduces by using our bodies. Using our bodies helped me comprehend the ideas more than just reading. During this project we used elaboration, we took the information we already knew and used it in a more complicated and physical way. If I were to redo this project I would have wanted to more choreography and clearer filming.